


	The 3 Sets of Mysteries	When to Pray Which Set of Mysteries
	<p><u>The Joyful Mysteries</u></p>	<p>Mondays: Joyful</p>
	<p>Annunciation</p>	<p>Tuesdays: Sorrowful</p>
	<p>Visitation</p>	<p>Wednesdays: Glorious</p>
	<p>Nativity</p>	<p>Thursdays: Joyful</p>
	<p>Presentation</p>	<p>Fridays: Sorrowful</p>
	<p>Finding Jesus in the Temple</p>	<p>Saturdays: Glorious</p>
	<p><u>The Sorrowful Mysteries</u></p>	<p>Sundays (default): Glorious</p>
	<p>Agony in the Garden</p>	<p>Sundays in Advent, Christmas, and Epiphany: Joyful</p>
	<p>The Scourging</p>	<p>Sundays and every day in Septuagesima and Lent: Sorrowful</p>
	<p>Crowning with thorns</p>	<p>Sundays in Easter and Time after Pentecost: Glorious</p>
	<p>Carrying of the Cross</p>	
	<p>Crucifixion</p>	
<p><u>The Glorious Mysteries</u></p>		
<p>Resurrection</p>		
<p>Ascension</p>		
<p>Pentecost</p>		
<p>Assumption</p>		
<p>Crowning of Mary</p>		

To start: Pick the set of Mysteries you want to meditate on -- Joyful, Sorrowful, or Glorious

At #1: State intentions, kiss Crucifix, make the Sign of the Cross, and say the Apostles' Creed

At #2: Say a Pater on the first large bead

At #3: Say 1 Ave on each of the 3 small beads. Now go up the right side of the Rosary and continue:

Large Red-colored Beads: Glory Be; Fatima Prayer; Announce Mystery & begin to meditate on it; Pater

All other Small Black Beads: Say an Ave on each bead. End back at the first red bead.

When Making The Sign of the Cross (Signum Crucis)

In nomine Patris et Filii et Spiritus Sancti. Amen.

The Apostles' Creed (Symbolum Apostolorum)

Credo in Deum Patrem omnipotentem, Creatorem caeli et terrae. Et in Iesum Christum, Filium eius unicum, Dominum nostrum, qui conceptus est de Spiritu Sancto, natus ex Maria Virgine, passus sub Pontio Pilato, crucifixus, mortuus, et sepultus, descendit ad inferos, tertia die resurrexit a mortuis, ascendit ad caelos, sedet ad dexteram Dei Patris omnipotentis, inde venturus est iudicare vivos et mortuos. + Credo in Spiritum Sanctum, sanctam Ecclesiam Catholicam, sanctorum communionem, remissionem peccatorum, carnis resurrectionem, vitam aeternam. Amen.

The Our Father (Pater Noster)

Pater noster, qui es in caelis, sanctificetur Nomen tuum. Adveniat regnum tuum. Fiat voluntas tua, sicut in caelo et in terra. + Panem nostrum quotidianum da nobis hodie, et dimitte nobis debita nostra sicut et nos dimittimus debitoribus nostris. Et ne nos inducas in tentationem, sed libera nos a malo.

Hail Mary (Ave Maria)

Ave Maria, gratia plena, Dominus tecum. Benedicta tu in mulieribus, et benedictus fructus ventris tui, Iesus. + Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc, et in hora mortis nostrae. Amen.

Glory Be (Doxologia Minor)

Gloria Patri, et Filio, et Spiritui Sancto. + Sicut erat in principio, et nunc, et semper, et in saecula saeculorum. Amen.

Fatima Prayer (Oratio Fatimae)

Oh mi Jesu, dimitte nobis debita nostra, libera nos ab igne inferni, conduc in caelum omnes animas, praesertim illas quae maxime indigent misericordia tua.